

Name: \_\_\_\_\_



# IMPULSE CONTROL: WHAT SHOULD I DO NOW?

Owlvivia needs to work on her behavior. Can you help her?  
Read each sentence, then choose the best thing for Owlvivia to do next.

1. Owlvivia's mom told her to wait to eat her food until everyone has food on their plate.



Owlvivia should:

- A. Start eating
- B. Tell her mom she's hungry.
- C. Wait until everyone has food.

2. Owlvivia's teacher is helping another student, but she needs help.



Owlvivia should:

- A. Wave her hand until her teacher comes over.
- B. Raise her hand when her teacher is done.
- C. Call out to her teacher.

3. Owlvivia's mom said she can't have the candy bar she wants at the grocery store.



Owlvivia should:

- A. Cry and yell so her mom will buy it.
- B. Keep asking nicely for her mom to buy it.
- C. Be okay with not getting the candy.

4. Owlvivia's classmate pushed her.



Owlvivia should:

- A. Tell a teacher.
- B. Push her back.
- C. Yell at her.