

Name: _____



Making My Own Luck with Goal Setting



My goal:

I will do this by:

1. _____

2. _____

3. _____

I will reach my goal by this date: _____

If obstacles get in my way, I will:

Reflections:

Did you reach your goal?

Yes-----> Awesome! Time to set your next goal.

No-----> What can you change about what you were doing above to reach your goal? Move the date for when you'd like to reach your goal and keep going!