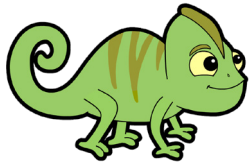


FEELINGS WORKSHEET: BIG EMOTIONS vs. SMALL EMOTIONS









Directions: Cut out the situations on the next page. Read each situation. If you think the situation deserves a BIG emotion, glue it into the "BIG" box. If you think the situation deserves a SMALL emotion, glue the sentence into the "SMALL" box.

BIG

SMALL



FEELINGS WORKSHEET: BIG EMOTIONS vs. SMALL EMOTIONS

| | | | |
|--|---|---|---|
|  My sports team lost the championship game. | My classmate kicked me by accident. | I want to do a classroom job, but it's not my turn. | It's time to switch activities, but I'm not done with my work. |
|  I was chosen as student of the week. | I got a consequence from my teacher for making a bad choice. | I broke my arm. | Other kids were acting up, and now my whole class has to have silent lunch. |
|  I can't figure out this math problem. | My older sibling is going away to college. | I want pizza for dinner, but my mom made something different. | I didn't get invited to my friend's birthday party. |
|  You're hungry, but dinner isn't ready yet. | I studied really hard for a test, but I got a bad grade. | I made a mistake on my art project. | Someone pushed me on purpose and didn't apologize. |
|  My teacher announced we're going to my favorite place for a field trip. | My parents told me we're moving. | My classmate is annoying me. | My pet passed away. |
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