












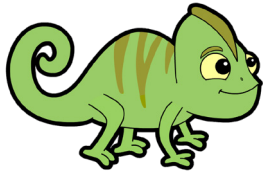


EMOTIONS WORKSHEETS: MATCH THE EMOTIONS

Directions: Choose one of the sentence strips. Read the sentence, and think about how you would feel in that situation. **Color in** the faces and **circle** the words below that match how you would feel in that situation. You can choose multiple faces and words.

	Anxious		Joyful	
Proud		Shocked		Mad
	Left Out		Pleased	
Jealous		Frustrated		Grateful
	Lonely		Excited	



EMOTIONS WORKSHEETS: MATCH THE EMOTIONS

You won the class election for student council.
How would you feel?

You were invited to a classmate's birthday party.
How would you feel?

You were picked last to be on the kickball team.
How would you feel?

Your parents were late picking you up from school, and you didn't know where they were.
How would you feel?

You don't know the answer when your teacher calls on you.
How would you feel?

You got an A on a test you studied really hard for.
How would you feel?

You tripped and fell in front of your classmates.
How would you feel?

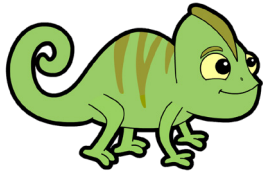
Someone bumped into you while you were holding a drink, and it spilled on you.
How would you feel?

You gave a presentation and the class clapped for you.
How would you feel?

You forgot your snack at home, and your friend shared with you.
How would you feel?

You got a bad grade on a test you studied really hard for.
How would you feel?

Your friends are talking about something fun they did over the weekend, but you weren't invited.
How would you feel?



EMOTIONS WORKSHEETS: MATCH THE EMOTIONS

You brought in treats for your birthday,
and the class sang *Happy Birthday* to you.
How would you feel?

You told a joke and your friends laughed.
How would you feel?

You're new at school and
don't know who to sit with at lunch.
How would you feel?

You didn't get the toy you wanted for your
birthday, but your friend got that same
toy for his.
How would you feel?

You wake up in the morning and
find out there's no school.
How would you feel?

You went to bed really late so you are tired.
Your teacher yells at you for falling
asleep in class.
How would you feel?

Your sports team won the game.
How would you feel?

You're taking a long roadtrip
with your family.
How would you feel?

You lost a game at recess.
How would you feel?

